

Tunnel boring

Overview

This ball game is fun, physical and hands-on, to promote teamwork and fitness.

The aim is to familiarise participants with the Snowy 2.0 project and in particular, the tunnel boring machines (TBM).

Materials

Two to three balls (*basketball is recommended*)

Facilitator

Indoor or outdoor space large enough for kids to move around in

Instructions

This game is best played with 15 to 20 kids to build excitement

1. Participants form three rows, standing one behind the other with legs spread apart to form a tunnel
2. Hand a ball to the person at the head of each row
3. The facilitator calls, "get ready to build Snowy 2.0, GO"
4. The front person remains facing forward and pushes the ball backwards through the tunnel of spread legs
5. Participants can assist by using their hands to keep the ball going until it reaches the end of the tunnel
6. The last person holds up the ball and calls, "tunnel boring" and proceeds to crawl through the leg tunnel back to the front of the row. The ball is held in front of them to

simulate the cutter head of a TBM

7. Once this person reaches the front of the line they stay in position and repeat the action until all participants have had a turn
8. The team which completes the full circuit of kids the fastest is the winner

Version 2

Pass the ball overhead along the row. Be sure everyone has touched the ball

Version 3

Pass the ball over and under along the row, be sure everyone has touched the ball



Game one - tunnel boring