



snowyhydro
SouthCare

SKIDS UP

VOL. 11 NO. 2

Newsletter of the Snowy Hydro SouthCare Rescue Helicopter



BASE OPEN DAY 2011 P.4
Record crowds to this year's fundraiser

CREW TRAINING P.5
Winch training on the NSW South Coast

PATIENT PROFILE P.6
Scott Reardon turns his accident into triumph

SPONSORSHIP ACTIVITY P.9
Bendigo Bank announce a community contribution

HELP US TO CONTINUE SAVING LIVES

PO BOX 7018 CANBERRA BC ACT 2610 P: (02) 6207 9923 F: (02) 6207 9927 WWW.SNOWYHYDROSOUTHCARE.COM.AU

THE CREW OF 2011

The Snowy Hydro SouthCare Flight and Medical Crew

NOTE FROM OUR CHAIRMAN

This year the time has gone extraordinarily quickly for many. For others time sometimes stops as they deal with a major trauma or health issue. We never consider this unless such an event hits us personally, or someone close to us.

When we reflect on the outstanding work of the Snowy Hydro SouthCare Rescue Helicopter and the missions it undertakes we are grateful that people in dire situations have been assisted by the quality of care provided by our crews and medical teams. The journey for our patients however doesn't stop there. I am amazed at the personal stories of those we have assisted, from the moment the unexpected occurred to their eventual recovery. Often our assistance is just the start of a very long journey for them personally. All those we speak to however are so very appreciative the Snowy Hydro SouthCare Rescue Helicopter and the crew have given them a second chance.

We are so very fortunate to have this rescue service and I would take this opportunity to thank all those who contribute financially to assist keeping the helicopter in the air, through sponsorships, donations, payroll deduction schemes, bequests, grants, purchasing of our merchandise and general support in its many forms.



David Marshall AM
Chairman



Aircrewmembers and Pilots from the Canadian Helicopter Company (CHC)



Intensive Care Paramedics from the ACT Ambulance Service



Doctors from the Capital Region Retrieval Service

MISSION STATISTICS

RECENT MISSIONS

DATE	DETAILS
4 - Feb	Head Injury
5 - Feb	Search and Rescue
5 - Feb	Spinal Injury
7 - Feb	Cardiac Condition
9 - Feb	M Renal Failure
11 - Feb	Burns Patient
11 - Feb	M Medical Condition
12 - Feb	M Medical Condition
12 - Feb	Motor Bike Accident
13 - Feb	M Motor Vehicle Accident
13 - Feb	M Chest Injury
14 - Feb	Medical Transfer
15 - Feb	F Respiratory Condition
17 - Feb	Medical Transfer
21 - Feb	M Kidney Failure
21 - Feb	M Cardiac Condition
22 - Feb	F Respiratory Condition
22 - Feb	F Medical Condition
22 - Feb	M Post Operation
23 - Feb	Medical Transfer
23 - Feb	Motor Bike Accident
24 - Feb	M Spinal Injury
24 - Feb	Search Missing Swimmer
24 - Feb	M Spinal Injury
26 - Feb	Medical Transfer
26 - Feb	M Medical Condition
26 - Feb	Medical Condition
26 - Feb	M Back Fractures

DATE	DETAILS
28 - Feb	M Spinal Injury
2 - Mar	M Chest Injury
2 - Mar	Fall from Roof
3 - Mar	M Renal Failure
3 - Mar	M Medical Condition
6 - Mar	M Medical Condition
7 - Mar	F Medical Condition
7 - Mar	Medical Transfer
7 - Mar	Beacon Search
8 - Mar	M Head Injury
10 - Mar	F Head Injury
10 - Mar	F Overdose
12 - Mar	Medical Condition
12 - Mar	F Neck Fracture
13 - Mar	M Multiple Injuries
14 - Mar	Medical Transfer
15 - Mar	Burns patient
19 - Mar	Medical Transfer
19 - Mar	Medical Transfer
20 - Mar	M Abdominal injury
20 - Mar	M Ankle Injury
20 - Mar	Head/Chest Injuries
21 - Mar	M Cardiac
24 - Mar	M Cardiac
25 - Mar	Search and Rescue
26 - Mar	Motor Vehicle Accident
27 - Mar	M Fractured Leg
27 - Mar	M Multiple Injuries

DATE	DETAILS
28 - Mar	F Motor Vehicle Accident
30 - Mar	Cardiac Condition
31 - Mar	F Medical Condition
31 - Mar	Medical Condition
2 - Apr	M Motor Vehicle Accident
2 - Apr	M Motor Bike Accident
5 - Apr	M Cardiac Condition
6 - Apr	F Motor Bike Accident
10 - Apr	M Head Injury
10 - Apr	M Medical Condition
11-Apr	M Renal Failure
12 - Apr	M Head
12 - Apr	F Chest
16 - Apr	Spinal Injury
16 - Apr	M Abdominal Injury
17 - Apr	F Seizures
21 - Apr	M Broken Femur
22 - Apr	2 x Motor Vehicle Accident
23 - Apr	M Motor Cycle Accident
23 - Apr	M Motor Cycle Accident
23 - Apr	M Head Injury
24 - Apr	Horse Accident
24 - Apr	M Cardiac Condition
24 - Apr	Helicopter Crash
27 - Apr	M Heart Condition
27 - Apr	M Partial Foot Amputation
29 - Apr	M Medical Condition
30 - Apr	F Medical Condition

Key: M - Male
F - Female

4226 Missions since 1 October, 1998

2011 BASE OPEN DAY

Record crowd numbers attend Base Open Day

The Snowy Hydro SouthCare Rescue Helicopter Base Open Day, presented by The Canberra Good Guys was hailed as a great success attracting over 10,000 people (a record for the organisation).

The event proved popular with families who enjoyed the children's rides, farm animal display, live entertainment (including Majura the Magician) and helicopter joy flights.

Amongst the crowd were a number of people who attended to pay their tribute to the Snowy Hydro SouthCare Rescue Helicopter and crew who had saved their life, or the life of someone they knew.

In particular was Mr Mika Hietanen who was airlifted by the Snowy Hydro SouthCare Rescue Helicopter in 2009. Mika's heart had stopped after a drug overdose, two years later he is now assisting those suffering from drug and alcohol addiction. "The Snowy Hydro SouthCare Rescue Helicopter has given me a second chance at life," said Mika.

The National Service & Combined Forces Association of Australia attended Base Open Day again this year, presenting Snowy Hydro SouthCare with a cheque of \$4,000 from their own fundraising efforts.

The Snowy Hydro SouthCare Rescue Helicopter Base Open Day is an annual fundraising event. In 2011 with record crowds, the funds raised will allow Snowy Hydro SouthCare to continue staying in the air saving lives.



Children were treated to face painting (above), and purchased "Flash" the plush toy helicopter (top)



Families lined up to walk through and see the Snowy Hydro SouthCare Rescue Helicopter up close

CREW TRAINING

Winch Training on the NSW South Coast



(L&R) Snowy Hydro SouthCare Crew practice their winching skills on the NSW South Coast in April 2011.

A magnificent life-saving tool, The Snowy Hydro SouthCare Rescue Helicopter is specially fitted with instruments that assist crew with retrieving patients. One of those instruments is the "Winch"

The winch is a 90-metre winching cable with a 1,497kg breaking strain located on the pilot's side of the helicopter. The winch cable is used to hoist patients into the helicopter from areas where the aircraft is unable to land. During a winching operation, the communication between all the members of the air and medical crew is crucial to completing a mission safely.

Each Aircrewman, Intensive Care Paramedic and Doctor is trained using the winch while the pilot safely hovers the helicopter. The wet winch training (over water) takes place on the NSW South Coast or on Lake Burley Griffin in Canberra. The Water Police in Canberra and Marine Rescue NSW volunteer their water services to assist crew members.

PATIENT PROFILE

Scott Reardon's journey to the London 2012 Paralympics

Prior to 2002 Scott was a fit and healthy young person. He loved sports, in particular athletics and rugby league. On July 10 2002, aged 12 and just before he was about to head to football training, Scott was involved in a farm accident on his parent's property. His shoelace became tangled in a PTO on a tractor, and as a result his right leg was amputated below the knee.

Scott's family property located outside of Temora (North of Wagga Wagga) is 30kms away from medical care. The damage to Scott's leg was severe and he was losing a lot of blood. Scott's father and brother drove Scott the 30kms to Temora Hospital where they were able to stem the bleeding. The Snowy Hydro SouthCare Rescue Helicopter was tasked to Temora Hospital to transport Scott to The Canberra Hospital for specialised care.

Scott had a relatively short recovery and was sent home after 3.5 weeks. At the start of September the recovery process started to help Scott walk again. After receiving a prosthetic leg and after one and half weeks of full time rehabilitation he took his first steps with a new leg. Scott attributes his fast recovery to his family who he said helped him stay positive throughout the experience. "I was also supported by the community of Temora who helped me get back on my feet (or foot!)" Scott said.

"Reuniting with the Snowy Hydro SouthCare crew and staff after so many years has reminded me how much I appreciate the work the Rescue Helicopter does everyday."

(Scott Reardon)

Scott was the guest speaker at the Snowy Hydro SouthCare "Out of Africa" Gala Ball 2011

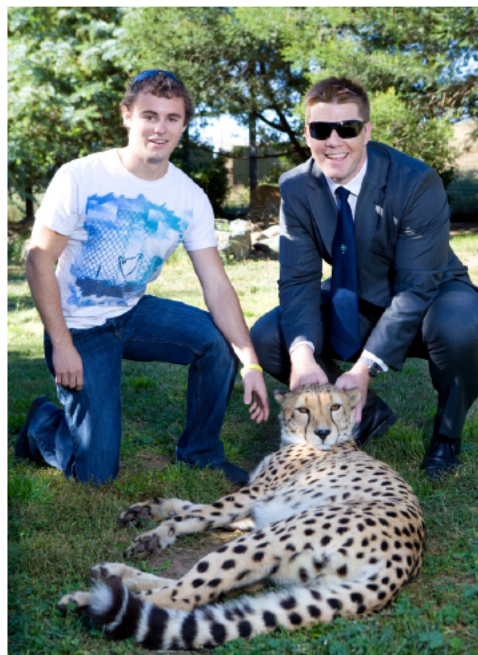
In late February Snowy Hydro SouthCare representatives met with Scott at the Canberra Hospital, reuniting him with Dr Damian McMahon - the doctor on duty the day of his accident! Dr McMahon was pleased to see Scott looking so well and described him as a role model for other patients who have survived serious injuries.

Despite Scott's injuries he has achieved a lot and says "I haven't found too many things that I'm not able to do. I have always tried to do things, as I would rather try and fail than wonder if I can do it - you never know until you try!"

He has since competed in water skiing competitions around the world, including two World Championships, Belgium in 2005 and Townsville in 2007. Scott has now switched his focus to the AIS, where he now trains in athletics - next stop for Scott is the London 2012 Paralympics.



Scott and Dr McMahon reunited after 9 years



Scott at the "Out of Africa" Gala Ball launch with Clyde Rathbone (MC on the night)

BEQUEST PROGRAM

You can make a difference to your community

A bequest is a financial gift left in your Will to a person, organisation or not for profit organisation such as Snowy Hydro SouthCare. There is no lower or upper dollar limit to your bequest. It is your personal circumstances, generosity and philanthropy that determines the quantum.

There is no limit to the number of bequests you can make in your Will. It is your own beliefs, interests and passion that will determine the number. You can give to whoever you like.

Why make a bequest?

You can continue to make a difference to your community long after you have passed. Bequests provide much needed financial assistance to non profit organisations that work in the community.

Take for example the Snowy Hydro SouthCare Rescue Helicopter that operates 24 hours per day, 365 days a year. With no cap on missions and ever increasing costs, every dollar donated makes a big difference in saving lives in the ACT and Southern NSW. Nobody ever expects to have to use the Snowy Hydro SouthCare Rescue Helicopter but it is there for you, your friends and your family when most needed.

After providing in your Will for everybody you wish to, there are a number of options for making a bequest:

- You can leave a specific amount of money or property
- You can leave a percentage of your estate
- You can leave the residue of your estate after all other gifts have been distributed and your debts have been paid

To make a bequest or to discuss a bequest

Phone: (02) 6207 9923

Visit Snowy Hydro SouthCare at 4 Point Cook Avenue Majura ACT 2600

Write: PO Box 7018 CANBERRA BC ACT 2610

Email: info@snowyhydrosouthcare.com.au

Snowy Hydro SouthCare's preferred legal firm for legal advice is griffin legal. Contact Lisa Barlin for all your Will enquires.

griffin legal.

Level 3
54 Marcus Clarke Street
CANBERRA ACT 2601

Tel: (02) 6162 1613
Email: Lisa.barlin@griffinlegal.com.au

www.griffinlegal.com.au

SNOWY HYDRO LTD

Learn more about Snowy Hydro's Water Operations

Snowy Hydro produces the "Snowy Hydro Water Operations Report" annually. This report is written in plain English and responds to feedback received from the community about improving the understanding of the water operations of the Snowy Hydro Scheme.

The Snowy Hydro Water Operations Report has been written for the benefit of all stakeholders and the communities associated with the Snowy Scheme. It describes in high level summary how the Snowy Scheme operates, the water operations during each water year and how Snowy Hydro met its obligations under the Snowy Water Licence during that year.

The Water Operations Report for the 2010-2011 Water Year is currently in production and will be available in August.

The company has been providing additional information on our website for some time now especially in relation to water releases in accordance with the Snowy Water Licence. We have regularly undertaken presentations to various community groups, local councils and chambers of commerce around the Snowy Mountains.

If you would like to learn more about Snowy Hydro's water operations all previous editions of the Water Report are available and can be downloaded from our website at www.snowyhydro.com.au or for more information contact our Snowy Hydro Discovery Centre on 1800 623 776.

Alternatively, if you would like to be one of the first to receive the latest report email your personal and postal address details to communityfeedback@snowyhydro.com.au and we will post the report to you directly.



SPONSORSHIP ACTIVITY

Bendigo Bank comes on board as a new sponsor

On Wednesday 4 May, 2011 the Snowy Hydro SouthCare Rescue Helicopter landed on the lawns of Federation Mall behind Old Parliament House. The landing of the helicopter was to announce a new sponsorship for Snowy Hydro SouthCare from Bendigo Bank.

Bendigo Bank has come on board as the preferred bank for Snowy Hydro SouthCare. The sponsorship agreement will see Bendigo Bank have their corporate logo featured on the Snowy Hydro SouthCare Rescue Helicopter.

Bendigo Bank Regional Manager, Mr Dion Christie said the \$50,000 sponsorship is a joint effort between six Community Bank® branches and three company owned Bendigo Bank branches in the region.

"We are committed to helping provide support to such an important service in our community," Mr Christie said.

"The Snowy Hydro SouthCare Rescue Helicopter is an imperative emergency service, which we believe is a key contributor to quality healthcare across the ACT and Southern NSW".

The following branches have contributed to the Snowy Hydro SouthCare sponsorship:

- Braidwood/Bungendore Community Bank® Branch
- Boorowa Community Bank® Branch
- Calwell/Wanniassa Community Bank® Branch
- Pambula Community Bank® Branch
- Canberra Branch of Bendigo Bank
- Orange Branch of Bendigo Bank
- Jamison Branch of Bendigo Bank

\$50 million in community contributions



Bendigo Bank's national network of locally-owned **Community Bank®** branches have reached a significant milestone – \$50 million in contributions to their local communities.

These funds have helped provide much-needed financial support to the community groups, clubs and not-for-profit groups that are the backbone of local communities.

And it's all made possible by local people making a choice about where the profit from their banking goes.

They're our secret millionaires – local people achieving extraordinary things.

Call into your nearest branch or watch www.bendigobank.com.au/snapshots to find out more.



Bendigo and Adelaide Bank Limited ABN 11 0258 049 178 AFSL 237879. (S34503)(04/11)

www.bendigobank.com.au/snapshots

MERCHANDISE

Snowy Hydro SouthCare Winter Apparel



Stadium Jacket
\$110.00

Fleece-lined, wind-proof and water proof, these jackets are a must to keep warm and dry for all occasions. Features internal and external pockets, embroidery on each sleeve and the embroidered rescue helicopter logo on the front; the adults' stadium jackets are available in sizes from XS to 3XL.



Inner Jacket
\$100.00

These jackets feature inside and outside pockets, warm fleece on the inside and windproof on the outside and the embroidered rescue helicopter on the front. The Inner Jacket is available in sizes from S to XXL.



Reversible Vest
\$30

These vests are fully reversible with the rescue helicopter embroidered. The vest features pockets on both sides and comes in sizes from S to XXL.



Zip up Fleece
\$55.00

These warm and comfortable jumpers are available in both men's and women's sizes; S to XXL and 8 to 16. The zipper fleece jacket features a zip in the front, pockets and the embroidered rescue helicopter logo.

ITEM

SIZE QTY

- Stadium Jacket (\$110.00) _____
- Inner Jacket (\$100.00) _____
- Zip up Fleece (\$55.00) _____
- Reversible Jacket (\$55.00) _____

Postage: \$10.00

TOTAL: \$ _____

MERCHANDISE ORDER FORM

Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

Card type: _____

Credit Card #: _____ Exp.: _____

Name on Card: _____ Security Code: _____

Signature: _____

THANK YOU

To all our Sponsors, Donors, Supporters and Volunteers

snowyhydro

renewable energy

www.snowyhydro.com.au



www.cdfa.com.au



www.dairyfarmers.com.au



www.jjmf.org.au



www.capitalchemist.com.au



www.bendigobank.com.au



www.wintv.com.au



www.mulwareetrust.org.au



www.thegoodguys.com.au



www.kowalski.com.au



www.bartercard.com



www.mix106.com.au



www.nccc.com.au



www.alacritytech.com.au



www.ricoh.com.au



www.canprint.com.au



www.robbosmotorcycles.com.au

griffin legal.

www.griffinlegal.com.au

The Canberra Times

www.canberratimes.com.au



www.providenceconsulting.com.au

CRE8IVE

www.crea8ive.com.au

REGIONAL SUPPORTERS



www.rotary.org.au



www.lionsclubs.org.au



www.waggamutual.com.au



www.neonmediagroup.com.au



snowyhydro
SouthCare

EVENT UPDATE

The "Canberra Milk Kid" claims his prize

On Tuesday 12 April, the winner of the "Canberra Milk Kid" Competition was flown to school aboard the Snowy Hydro SouthCare Rescue Helicopter.

The "Canberra Milk Kid" Jasper Muscat was deemed the luckiest kid in school by his classmates after he arrived to Duffy Primary School via helicopter with two of his friends and father.

Jasper won the competition after he submitted a home made film describing why he should be crowned the next "Canberra Milk Kid". Canberra Milk felt Jasper's film was not only creative, but also promoted the health benefits of drinking plenty of Canberra Milk.

Canberra Milk has been a helicopter logo sponsor of Snowy Hydro SouthCare Rescue Helicopter for a number of years. Every time you purchase a Canberra Milk product you are helping keep the Snowy Hydro SouthCare Rescue Helicopter in the air saving lives.

Support local, support Canberra Milk.



Jasper and his two friends after their flight to school aboard the Snowy Hydro SouthCare Rescue Helicopter

MAKE A DIFFERENCE TO YOUR COMMUNITY

There are many ways to get involved with Snowy Hydro SouthCare. From volunteering to making a donation or becoming a corporate sponsor, there is something for everyone. Getting involved is as easy as filling in your details on the right and returning the form to:

Snowy Hydro SouthCare,
P.O. Box 7018 CANBERRA BC ACT 2610
Alternatively, contact our staff directly on (02) 6207 9923 for more information.

***All donations of \$2.00 or more are tax-deductible and can be made by cheque, money order, Visa, Mastercard, Amex or Diners cards.*

ABN: 68-084-155-895

Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

- I would like to **DONATE** to Snowy Hydro SouthCare (enter details below).
- I want to know more about becoming a **VOLUNTEER**.
- Add my mobile phone number to your **MISSION ALERT SERVICE**.
- I am interested in finding out more about **CORPORATE SPONSORSHIP**.
- Please email me the Snowy Hydro SouthCare **E-NEWSLETTER**, Rotor Wrap.
- I would like information on **BEQUESTS** as part of my will

Donation Method (see options left): _____

Amount: _____

Credit Card #: _____ - _____ - _____ - _____ Exp.: _____ - _____

Name on Card: _____ Security Code: _____

Signature: _____

MAKE A DONATION TODAY CALL (02) 6207 9923