



snowyhydro
SouthCare

SKIDS UP

VOL. 9 NO. 3

The Snowy Hydro SouthCare Helicopter Fund Newsletter



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HELP US TO CONTINUE SAVING LIVES

PO BOX 7018 CANBERRA BC ACT 2610 P: (02) 6207 8375 F: (02) 6207 9927 WWW.SNOWYHYDROSOUTHCARE.COM.AU

ANNUAL CHARITY GOLF DAY

Fundraising Event for Snowy Hydro SouthCare

A NOTE FROM OUR CHAIRMAN MR. DAVID MARSHALL

Our Helicopter has been incredibly active over the past three months, with an amazing 26 missions in 19 days. This again highlights the vitally important role our Snowy Hydro SouthCare Helicopter Rescue Service plays in the life of our region, and the impact it has on so many lives.

We salute our helicopter crews, the medical staff at The Canberra Hospital and the many other organisations and individuals who devote their lives to assisting those in their time of greatest need.

We welcome on board new sponsors Kowalski Recruitment, Bartercard and Canberra FM. They join a list of very dedicated supporters who financially contribute to the success of our Medical Retrieval Service.

The Snowy Hydro SouthCare Trust Fund said farewell in October to Directors Mrs. Gay Epstein and Dr. Geoffrey Bird who have served the Board and Snowy Hydro SouthCare exceedingly well during their terms. We are indebted to them and our other eight Directors who give their time freely to serve in this capacity.

Rotary has been a strong supporter of our Rescue Helicopter Service since its inception in 1998. Len Goodman, the inaugural Chair of the Trust, spearheaded this support and we welcome Len back as a Special Snowy Hydro SouthCare Ambassador. Len arranged for us to attend the 2009 Rotary District 9710 Conference "Love, Peace & Understanding" in Cooma in October. We look forward to Len's involvement and the continuing support of Rotary.

We launched our 2009 Christmas appeal on 1 December in preparation for the very busy summer holiday period. Also our first Charity Golf day, in a long time, was held on Thursday 3 December.

On behalf of the Board, management and staff of Snowy Hydro SouthCare, I take this opportunity to thank you for your support during the year and wish you a safe and happy Christmas and New Year.

David Marshall
Chairman



The perfect weather and an enthusiastic group of golfers made the 2009 Snowy Hydro SouthCare Charity Golf Day a complete success, says CEO Steve Gregory.

The event was capped at 124 players, but "based on the popularity of this year's event we will have to look at increasing our 2010 day to a full course of 144. We had to turn players away in the week leading up to the golf day" he says.

The first Snowy Hydro SouthCare golf day in over six years, it laid the perfect foundation for another great event in 2010. Presented by Kowalski Recruitment, we knew we had to make this a special day, to make it unique, so it stood out in a crowded market of charity golf days. For example, the four-ball Ambrose competition with a 'Las Vegas twist' certainly created the vibe we were hoping for.

After tee off players had to roll a dice to see which player's second shot had to be counted, before returning to a normal scramble, players also had chances to 'cheat' whilst donating.

"The oyster shucker was sold out as was the sushi bar. While the hole-in-one, sponsored by Lennock Motors, wasn't won, there were some every close attempts." Mr. Gregory added.

The CEO of Snowy Hydro, Terry Charlton, talked about his company's involvement with the rescue helicopter service and sponsors Anne Kowalski (Kowalski Recruitment), David Hogan (Snowy Hydro Ltd) and John Efkarpidis (The Tom Efkarpidis Foundation) presented prizes.

Rescued patients Steve Michaux and Rohan Playford were there to be involved with the people who saved their lives and Fay Butcher honoured her late husband, Ken, WW2 fighter pilot and keen golfer, with the Ken Butcher Memorial Hole.



DAIRY FARMERS AND CANBERRA MILK, PROUDLY SUPPORTING SNOWY HYDRO SOUTHCARE



CA BRUMBIES OFFER



STAND AS ONE



NOW RECRUITING

SNOWY HYDRO SOUTHCARE SUPPORTERS

2010 EXCLUSIVE OFFER SNOWY HYDRO SOUTHCARE SUPPORTERS

The 2010 Super Rugby season promises to be one of the most exciting in recent memory for the CA Brumbies, with seven home games, the retention of the majority of our 2009 squad including Stirling Mortlock, George Smith, Stephen Moore and Adam Ashley-Cooper, the return of Matt Giteau and the signing of Rocky Elsom and Josh Valentine.

We want all Snowy Hydro SouthCare supporters to Stand As One with us in 2010 as a Member of the CA Brumbies, and to help get you on board we are pleased to extend to you a discount of 10% off the price of CA Brumbies membership for 2010 until 8 January 2010.*

As an added bonus, you can register up to three additional immediate family members, and they will also receive the 10% discount off the cost of their membership. CA Brumbies Membership provides you with a range of savings and benefits exclusive to our members.

See www.brumbies.com.au for more information.

Simply download a membership form from www.brumbies.com.au and send to Snowy Hydro SouthCare at PO BOX 7018 CANBERRA BC ACT 2610.

* This offer is only valid for new Brumbies members.

SNOWY HYDRO SOUTHCARE SUPPORTERS SPECIAL PRICES

Cost of Full Membership	Snowy Hydro SouthCare supporters Special Price
Brindabella Membership – Adult	
\$345	Special Price – \$310
Brindabella Membership – School Student/u18	
\$245	Special Price – \$220
Snowy River Membership – Adult	
\$245	Special Price – \$220
Snowy River Membership – Concession	
\$210	Special Price – \$189
Snowy River Membership – School Student/u18	
\$105	Special Price – \$95
Brumbies	
\$35	Special Price – \$31
Jillaroo	
\$75	Special Price – \$67

2010 CA BRUMBIES DRAW

Round	Date	Day	Match	Venue
Week 1	12 Feb	Fri	Western Force v CA Brumbies	Perth
Week 2	20 Feb	Sat	Bulls v CA Brumbies	Pretoria
Week 3	26 Feb	Fri	Stormers v CA Brumbies	Cape Town
Week 4	05 Mar	Fri	CA Brumbies v Lions	Canberra
Week 5	13 Mar	Sat	CA Brumbies v Sharks	Canberra
Week 6	19 Mar	Fri	Blues v CA Brumbies	Auckland
Week 7	26 Mar	Fri	CA Brumbies v Chiefs	Canberra
Week 8			BYE	
Week 9	10 Apr	Sat	CA Brumbies v Cheetahs	Canberra
Week 10	16 Apr	Fri	CA Brumbies v Hurricanes	Canberra
Week 11	24 Apr	Sat	Waratahs v CA Brumbies	Sydney
Week 12	01 May	Sat	CA Brumbies v Reds	Canberra
Week 13	08 May	Sat	CA Brumbies v Highlanders	Canberra
Week 14	15 May	Sat	Crusaders v CA Brumbies	Christchurch
SEMIS	21/22 May			
FINAL	29 May			

2010 CA BRUMBIES HOME GAMES ■ 2010 CA BRUMBIES AWAY GAMES ■ 2010 INVESTEC SUPER 14 FINALS ■
Please note: draw details are subject to change



THE CA BRUMBIES WILL DONATE 10% OF ALL MEMBERSHIP RAISED FROM THE SALE OF THE SPECIAL SNOWY HYDRO SOUTHCARE OFFER BACK TO SNOWY HYDRO TO SUPPORT THEIR SERVICES TO THE COMMUNITY

0261 61109/007



BRUMBIES.COM.AU

MISSION UPDATE

Snowy Hydro SouthCare providing a second chance at life...

OCTOBER & NOVEMBER MISSIONS

1-Oct-09 F Medical condition
 3-Oct-09 Patient Transfer
 4-Oct-09 M Stroke
 5-Oct-09 M medical condition
 5-Oct-09 Injured Ribs
 5-Oct-09 Medical condition
 5-Oct-09 Respiratory condition
 9-Oct-09 M ankle & leg injury
 9-Oct-09 M Stroke
 10-Oct-09 M Medical condition
 11-Oct-09 F Motor vehicle accident
 11-Oct-09 M Motorcycle accident
 12-Oct-09 M Medical condition
 14-Oct-09 F Medical condition
 16-Oct-09 M Search & rescue
 17-Oct-09 M Electrocuted
 18-Oct-09 M Cardiac condition
 21-Oct-09 F Cardiac condition
 22-Oct-09 M Medical condition
 23-Oct-09 F Respiratory distress
 23-Oct-09 M Burns
 24-Oct-09 Medical condition
 24-Oct-09 F Medical condition
 24-Oct-09 M Head injury
 26-Oct-09 F Head injury
 26-Oct-09 2 Patients, head/neck injuries
 27-Oct-09 F Cardiac
 27-Oct-09 F Motorvehicle accident
 29-Oct-09 F Post operation transfer
 29-Oct-09 M Cardiac
 31-Oct-09 Horse fall
 31-Oct-09 F Cardiac
 1-Nov-09 Cardiac condition
 3-Nov-09 Search & rescue
 4-Nov-09 F Diabetic
 4-Nov-09 M Head injury
 5-Nov-09 M Truck Rollover
 6-Nov-09 Post stabbing transfer
 7-Nov-09 F Motorcycle accident
 7-Nov-09 M Motorcycle accident
 7-Nov-09 Medical condition
 9-Nov-09 F Motorvehicle Accident



11-Nov-09 M Medical condition
 13-Nov-09 M Horse fall
 15-Nov-09 Patient retrieval
 15-Nov-09 M Shoulder injury
 15-Nov-09 M Respiratory failure
 17-Nov-09 M Cardiac condition
 19-Nov-09 Search & rescue
 19-Nov-09 Motorvehicle accident
 19-Nov-09 M Head injury
 20-Nov-09 M hip injury
 22-Nov-09 M Cardiac condition
 22-Nov-09 Medical condition
 22-Nov-09 F Cardiac condition
 24-Nov-09 M Stroke
 26-Nov-09 F Chest infection
 26-Nov-09 M Motorcycle accident
 28-Nov-09 Search & rescue
 29-Nov-09 M Unconscious
 29-Nov-09 F Spinal injury
 29-Nov-09 M Medical condition
 29-Nov-09 M Medical condition

The numbers speak for themselves, in two months the Snowy Hydro SouthCare Rescue Helicopter has been out on 62 missions. In between this time the crew also performed more than ten training sessions to keep their skills perfected for the coming summer season.

Over the last five years December mission totals have been up to 48% higher than the average monthly total.

These missions are not limited to motor vehicle accidents, please be aware of heat, snakes, if you're bushwalking carry the latest 406mhz beacon and above all, have a safe and happy holiday season. Accidents don't discriminate, this Christmas the present you receive may be the life of a loved one.

CALL FOR VOLUNTEERS

Help us set up a Friends of Snowy Hydro SouthCare Chapter in Wagga Wagga & Bega



Friends of Snowy Hydro SouthCare Chapters are a great way to have fun in a social setting whilst helping to raise much needed funds for the essential rescue helicopter service.



We have 3 levels of Volunteers. Volunteers are our core group who assist with all our activities. Event volunteers assist with duties such as traffic management at events. Angels are groups like Scouts, SES etc who help us from time to time.

Snowy Hydro SouthCare is the primary provider of a complete aero-medical and rescue service for the Australian Capital Territory and south eastern New South Wales. This area reaches north from the ACT almost to Sydney, west past Wagga Wagga, south over the Snowy Mountains to the Victorian border and east to the coastline.

The highly trained medical and flight crews of the specially equipped Bell 412 helicopter are available 24 hours a day, 365 days a year to provide assistance at three main types of missions; Primary, Secondary and Non-medical.

Snowy Hydro SouthCare has performed over 357 of these missions combined over the past financial year; 48 of these were tasked to the region of Wagga Wagga and

61 to the surrounding area of Bega. These statistics equate to almost one third of the year's total missions.

The Snowy Hydro SouthCare Helicopter Fund, which is based in Canberra are responding to these statistics by planning the expansion of our Friends of Snowy Hydro SouthCare chapters to both Wagga Wagga and Bega.

Friends of Snowy Hydro SouthCare are chapter organisations of volunteers who assist the Snowy Hydro SouthCare Helicopter Fund with the promotion of the profile of the Service, in addition to raising funds to help keep the helicopter in the air and saving the lives of the residents and visitors in their respective areas.

Current Friends of Snowy Hydro SouthCare chapters include Eurobodalla and Tumut. Both chapters are very active and supportive in coordinating events and activities that educate the community in the services that Snowy Hydro SouthCare provide while raising the necessary funds for keeping this vital life changing service flying in their area.

For more information on Friends of Snowy Hydro SouthCare chapters in your area, please call the Fundraising & Volunteer Manager, Alison Tonkin on 6207 8429 for further details.

SNOWY HYDRO LTD

An update from our major and naming-rights sponsor



Water Update

The 2008-09 Snowy Hydro Water Operations Report is now available for download from www.snowyhydro.com.au or collection from one of our visitors centres in the Snowy Mountains region.

The report has been written for the benefit of all stakeholders and the communities associated with the Snowy Scheme.

This report describes in high level summary form how the Scheme operates, the water operations during that water year and how Snowy Hydro met its obligations under the Snowy Water Licence during that year.

Snowy Hydro hopes that all of the company's stakeholders and people of the local community read this report.



Enjoy the Best of the Snowy Mountains Festivals & Events

Snowy Hydro also welcomes the Final Report of the 5 year review of the Snowy Water Licence released in November by the NSW Office of Water. This report from our water regulator is again further evidence that Snowy Hydro has met the stringent obligations imposed on the company under the Snowy Water Licence with respect to releasing environmental flows.

Further information on water is available to the public via the homepage on the Snowy Hydro website at www.snowyhydro.com.au.

The Snowy Mountains are about to come alive again in early 2010 with a number of festivals and events planned. Festivals and Events including the Jindabyne Flowing Festival and Dragon Boat Races, TumbaFest and the Tumut Festival of the Falling Leaf not only provide a great attraction for local towns, but they are very important cultural events in the local communities.

Snowy Hydro is proud to be able to support these community events. Being a successful business allows Snowy Hydro to do all that we do including our extensive community support program, none more valuable than the Snowy Hydro SouthCare Rescue Helicopter service, and we are committed to continue supporting this essential lifesaving service.

THANK YOU!

Sponsors, donors and volunteers make this rescue service possible

There has been a lot of activity in Australia's housing market over the past 12 months. But as you may be house hunting now to take advantage of government incentives due to cease at the end of the year, there are some simple points to take into consideration:

1. As the old saying goes, location is important. A property in a pleasant street in a popular suburb with good access to transport, shops and schools is always likely to be in demand.
2. Consider a property's aspect – if it has a nice outlook, looks good from the street or has lots of natural light, it will probably be easier to sell when the time comes.
3. Buying the worst house in the best street is a good strategy if the property's problems can be rectified cost effectively.
4. Target areas on the ascendency.
5. You may want to sell one day. So if a property has serious flaws now, they will be a turn-off to future buyers, too.
6. Take advantage of local knowledge. Your future neighbours and store operators usually know all the problems and plans for an area.

And when you are ready to arrange financing, phone 1300 361 761 or visit a SERVICE ONE Branch to discuss your home loan needs with one of our lending specialists. Additional information can be found on the SERVICE ONE website at www.somb.com.au.



Service One Credit Union Ltd, operating as SERVICE ONE Members Banking
ABN 42 095 848 598 | AFSL 240836

information courtesy of Genworth Financial



www.snowyhydro.com.au



www.cdfa.com.au



www.dairyfarmers.com.au



John James
Memorial Foundation

www.jjmf.org.au



www.somb.com.au



www.capitalchemist.com.au



www.yellowpages.com.au



www.wintv.com.au



www.rotary.org.au



www.lionsclubs.org.au



www.alacritytech.com.au



www.kowalski.com.au



www.mix106.com.au



<http://au.bartercard.com/>



COMMUNITY CORNER

Upgrade to the 406 Mhz Search Beacon TODAY

What is a distress beacon?

A distress beacon is an electronic device that, when activated in a life-threatening situation, assists rescue authorities in their search to locate those in distress.

What Type Do I Require?

PLBs (personal locator beacons) are designed for personal use in the aviation, land and marine environment and are becoming increasingly popular in a number of fields, both in industry and recreationally.

406 MHz beacons come in two basic types: those that provide an encoded (GPS) location and those that do not.

The satellite system can calculate

a beacon's location, but locating a distress site is usually much faster if the beacon signal provides a GPS location.

How does a distress beacon work?

When a distress beacon is activated, it transmits a signal that is detectable by satellites and over-flying aircraft. As the satellites orbit the Earth they 'listen' for any active beacons and report their position to rescue authorities.

Beacons developed for the Cospas-Sarsat satellite system operate on 406 MHz and use digital technology that allows the beacon to transmit a unique code (HexID or UIN) to identify the beacon. These beacons also transmit on the analogue 121.5 MHz frequency to allow final stage homing.

Satellite processing of 121.5 MHz signals ceased on 1 February 2009 and any old 121.5 MHz beacons should be disposed of responsibly.

What is the HexID or UIN?

The HexID or Unique Identity Number (UIN) is the unique code programmed into each 406 MHz distress beacon and transmitted when the beacon is activated. When registering a distress beacon, this code must be included in the registration as it is the only code that links the individual distress beacon to the registration database. Without the HexID the beacon cannot be registered.

We strongly encourage all bushwalkers and campers to upgrade their beacons to the new 406 as soon as possible.

MAKE A DIFFERENCE TO YOUR COMMUNITY

There are many ways to get involved with Snowy Hydro SouthCare. From volunteering to making a donation or becoming a corporate sponsor, there is something for everyone. Getting involved is as easy as filling in your details on the right and returning the form to: Snowy Hydro SouthCare, P.O. Box 311, Curtin ACT 2605. Alternatively, contact our staff directly at (02) 6207 8375 for more information.

***All donations of \$2.00 or more are tax-deductible and can be made by cheque, money order, Visa, Mastercard, Amex or Diners cards.*

ABN: 68-084-155-895

Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

- I would like to **DONATE** to Snowy Hydro SouthCare (enter details below).
- I want to know more about becoming a **VOLUNTEER**.
- Add my mobile phone number to your **MISSION ALERT SERVICE**.
- I am interested in finding out more about **CORPORATE SPONSORSHIP**.
- Please email me the Snowy Hydro SouthCare **E-NEWSLETTER**, Rotor Wrap.
- I would like information on **BEQUESTS** as part of my will

Donation Method (see options left): _____

Amount: _____

Credit Card #: _____ Exp.: ____ - ____

Name on Card: _____ Security Code: ____

Signature: _____

MAKE A DONATION TODAY! CALL (02) 6207-8375